

# First Aid at Work

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This course is designed to train participants to administer first-aid to a casualty in the workplace following an injury or sudden illness.

The course includes:

- Principles of first-aid
- Forming a diagnosis
- Management of the unconscious patients
- Cardio-pulmonary resuscitation (CPR)
- Fractures and back injuries
- Faints and shock
- Seizure/heart conditions
- Head injuries
- Poisoning
- Asthma and diabetes
- Reporting accidents

Upon successful completion of the course and independent assessment, course participants will be awarded a HSE approved, nationally recognised First Aid at Work certificate, which is valid for three years.

Duration: 4 days

Equipment: None

Tea/coffee and light lunch provided



**The Island Partnership**

Trinity Road, Sheerness, Kent, ME12 2PF. Tel: 01795 596700