

Principles of Manual Handling

This course is designed to introduce participants to the risk of manual handling at work and the controls available

Upon successful completion of the course participants will receive a CIEH certificate Level I

The course includes:

- The process of manual handling in the workplace
- Manual handling injuries and the activities which cause them
- Manual handling assessment and control options
- Responsibilities imposed by the manual handling operations regulations

Duration: Half-day
Equipment: None



The Island Partnership

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